

livewell

Ready to quit?



**Get FREE support and
stop smoking treatments
to help you quit for good!**

Quit Smoking Start Saving

Livewell can help you to go smoke free

What we offer (terms and conditions apply):

- **Weekly drop-in support sessions**
- **Free Nicotine products – patches, gum, lozenges or mouth spray for up to 10 weeks.**
- **Telephone support**

Book your phone appointment to get started:
livewellderby.co.uk/stop-smoking
or scan the QR code below

Call 01332 641254 or
Email livewell@derby.gov.uk
Minicom 01332 640666



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